**Enter name here’s 2024 Goal Tracker**

**Enter Goal TypeGoals**

z

z

z

z

z

z

z

z

z

z

1. Enter Goal #1
2. Enter Goal #2

I’ve completed my goal in:

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| January | February | March | April | May | June | July | August | September | October | November | December |
|  |  |  |  |  |  |  |  |  |  |  |  |

**Enter Goal TypeGoals**

z

z

z

z

z

z

z

z

z

z

1. Enter Goal #1
2. Enter Goal #2

I’ve completed my goal in:

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| January | February | March | April | May | June | July | August | September | October | November | December |
|  |  |  |  |  |  |  |  |  |  |  |  |

**Enter Goal TypeGoals**

z

z

z

z

z

z

z

z

z

z

1. Enter Goal #1
2. Enter Goal #2

I’ve completed my goal in:

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| January | February | March | April | May | June | July | August | September | October | November | December |
|  |  |  |  |  |  |  |  |  |  |  |  |

**Enter Goal TypeGoals**

z

z

z

z

z

z

z

z

z

z

1. Enter Goal #1
2. Enter Goal #2

I’ve completed my goal in:

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| January | February | March | April | May | June | July | August | September | October | November | December |
|  |  |  |  |  |  |  |  |  |  |  |  |

How to use the tracker:

* Type in the name of the person and their goals under each.
* Print and laminate the sheet.
* The boxes on the right are for you to track goals daily or per week.
	+ Example #1: The goal is to workout 3x per week. There are 30 boxes per goal so your goal is to have at least 12 boxes checked at the end of the month. Every time you complete a workout you will check a box with a dry erase marker.
	+ Example #2: Your goal is to read 12 books in a year. Every time you read a book, you check a box at that goal.
* At the end of the month, if you complete your goal, you will mark the month as completed. If it’s a yearly goal, you will leave this part blank.
* If the goal is daily/weekly, you will erase the boxes at the end of the month to start over.